



How are you really feeling?
If you're on an antidepressant but still struggling,
the Depression Journey Questionnaire
may help you talk to your doctor.



ADD TO YOUR ANTIDEPRESSANT with REXULTI

If you're still experiencing depression symptoms on an antidepressant, **add-on REXULTI could help.**



Actor portrayal

INDICATION:

REXULTI is a prescription medicine used along with antidepressant medicines to treat major depressive disorder (MDD) in adults. It is not known if REXULTI is safe and effective in children with MDD.

SELECT IMPORTANT SAFETY INFORMATION:

- Increased risk of death in elderly people with dementia-related psychosis. Medicines like REXULTI can raise the risk of death in elderly people who have lost touch with reality (psychosis) due to confusion and memory loss (dementia). REXULTI is not approved for the treatment of people with dementia-related psychosis without agitation that may happen with dementia due to Alzheimer's disease.
- Increased risk of suicidal thoughts and actions. REXULTI and antidepressant medicines may increase suicidal thoughts and actions in pediatric patients and young adult patients, especially within the first few months of treatment or when the dose is changed. Depression and other mental illnesses are the most important causes of suicidal thoughts and actions. All patients on antidepressants and their families or caregivers should closely watch for new or worsening depression symptoms, especially sudden changes in mood, behaviors, thoughts, or feelings. Report any change in these symptoms immediately to the doctor.

Please read **IMPORTANT SAFETY INFORMATION** on pages 10-12.

On an antidepressant but still masking your depression? You're not alone.

Many people on antidepressants still experience depression symptoms.

It may be Partial Response, which is when your antidepressant helps, but only partially—and you're still left masking how you really feel.

If you're experiencing Partial Response, talking to your doctor can be a first step toward reducing your symptoms.

In a large study



2 OUT OF **3**

people taking an antidepressant still experienced depression symptoms

SELECT IMPORTANT SAFETY INFORMATION

Do not take REXULTI if you are allergic to brexpiprazole or any of the ingredients in REXULTI.

REXULTI may cause serious side effects, including:

- Cerebrovascular problems, including stroke, in elderly people with dementia-related psychosis that can lead to death.



Please read **IMPORTANT SAFETY INFORMATION** on pages 10-12.

Why REXULTI® (brexpiprazole)?

Adding REXULTI may help build on the progress you've made with your antidepressant.

If you're still struggling with depression symptoms after 2 months of taking your antidepressant, it could be time to talk to your doctor about adding REXULTI, an add-on treatment that may help reduce your depression symptoms—without changing your antidepressant.

ANTIDEPRESSANT

+

REXULTI®
2mg tablets

**SIGNIFICANTLY REDUCED
DEPRESSION SYMPTOMS
MORE THAN THE ANTIDEPRESSANT ALONE**

6-week study in adults, with ongoing symptoms of depression, still taking an antidepressant. Individual results may vary.

REXULTI works together with your antidepressant, so you may feel better—without feeling like you have to start over.

SELECT IMPORTANT SAFETY INFORMATION

REXULTI may cause serious side effects, including: *(Continued)*

- Neuroleptic malignant syndrome (NMS) is a serious condition that can lead to death. Call your healthcare provider or go to the nearest hospital emergency room right away if you have some or all of the following signs and symptoms of NMS: high fever; changes in your pulse, blood pressure, heart rate, and breathing; stiff muscles; confusion; increased sweating



Please read **IMPORTANT SAFETY INFORMATION** on pages 10-12.

Shown to help people feel better

What were the REXULTI® (brexpiprazole) clinical trials?

REXULTI was studied in two 6-week clinical trials of 1,054 adult patients, aged 18-65, who had been diagnosed with major depressive disorder (MDD).

The patients selected for the studies took an antidepressant for at least 2 months. Patients who then had ongoing symptoms of depression were randomly selected to receive 1 mg to 3 mg/day of REXULTI in addition to their antidepressant. The rest continued taking their antidepressant alone.

What were the results?

At the end of the 6-week clinical trials, researchers discovered something: generally, adult patients whose doctors added REXULTI to their antidepressant showed more improvement than those who continued to take their antidepressant alone.

Could REXULTI work for you?

Not everyone responds to medication the same way. Ask your healthcare provider if adding REXULTI is right for you. On the next page, you'll find out more about getting started on REXULTI.

SELECT IMPORTANT SAFETY INFORMATION

REXULTI may cause serious side effects, including: *(Continued)*

- **Uncontrolled body movements (tardive dyskinesia).** REXULTI may cause movements that you cannot control in your face, tongue, or other body parts. Tardive dyskinesia may not go away, even if you stop taking REXULTI. Tardive dyskinesia may also start after you stop taking REXULTI.



Please read **IMPORTANT SAFETY INFORMATION** on pages 10-12.



HOW ARE YOU REALLY FEELING?

Take this Depression Journey Questionnaire.

If you're on an antidepressant but still struggling, this questionnaire may help you talk to your doctor.

1

How long ago were you first diagnosed with depression?

<1 YEAR 1-2 YEARS 3-5 YEARS 6-10 YEARS >10 YEARS

2

Since you've been diagnosed, how many antidepressants have you tried?

1-3 4-5 6+

3

How long have you been on your current antidepressant?

<6 MONTHS 7-12 MONTHS 1-2 YEARS 3-5 YEARS >5 YEARS

4

Are you currently taking your antidepressant as prescribed?

YES NO

5

How much symptom improvement have you made on your current antidepressant?

NONE LITTLE MODERATE SIGNIFICANT

Looking ahead, how much symptom improvement would you like to make?

NONE LITTLE MODERATE SIGNIFICANT

6

Have you talked to your healthcare provider about your depression goals?

YES NO

This resource is provided for informational purposes only and is not intended as a substitute for a healthcare professional's independent judgment. Always follow the healthcare advice of your doctor. Do not change the way you take your medication without talking with your doctor.

If you ever have suicidal thoughts, call your doctor or 911, or go to an emergency room. Take suicidal thoughts seriously and get help immediately.

[Learn more](#) about depression and Partial Response.

How to take REXULTI® (brexpiprazole)

REXULTI is taken once daily, with or without food. It's important to ask your pharmacist or doctor if you have any questions about taking REXULTI. Take REXULTI as your doctor prescribed it:

- Do not change the dose or stop taking REXULTI yourself. Your doctor may change your dose if needed.
- Do not change the dose or stop taking REXULTI without first talking to your doctor.
- Take REXULTI 1 time each day with or without food.
- Do not take REXULTI if you are allergic to brexpiprazole or any of the ingredients in REXULTI. See end of Medication Guide for a complete list of ingredients in REXULTI.

SELECT IMPORTANT SAFETY INFORMATION

REXULTI may cause serious side effects, including: *(Continued)*

- Problems with your metabolism such as:
 - high blood sugar (hyperglycemia) and diabetes. Increases in blood sugar can happen in some people who take REXULTI. Extremely high blood sugar can lead to coma or death. Your healthcare provider should check your blood sugar before you start, or soon after you start REXULTI and then regularly during long term treatment with REXULTI.



Please read **IMPORTANT SAFETY INFORMATION** on pages 10-12.

Questions & Answers

If you still have questions after reading this, talk to your healthcare provider at your next appointment.

Can I take other medications with REXULTI® (brexpiprazole)?

Tell your doctor about all of the medicines you take or have recently taken, including prescription and non-prescription medications, vitamins, and herbal supplements. REXULTI and other medicines may affect each other, causing possible serious side effects.

REXULTI may affect the way other medicines work, and other medicines may affect how REXULTI works.

Your healthcare provider can tell you if it's safe to take REXULTI with your other medicines. Don't start or stop any medicines without talking to your healthcare provider first. Only you and your healthcare provider can decide if REXULTI is right for you.

SELECT IMPORTANT SAFETY INFORMATION

REXULTI may cause serious side effects, including: *(Continued)*

Call your healthcare provider if you have any of these symptoms of high blood sugar during treatment with REXULTI:

- feel very thirsty
- feel very hungry
- feel sick to your stomach
- need to urinate more than usual
- feel weak or tired
- feel confused, or your breath smells fruity

When will REXULTI start working?

Not everyone responds to medication the same way, and your body may need time to adapt. That's why it's important to share how you are feeling with your healthcare provider, including any side effects.

This way, they will better understand what effect your treatment may be having and make an adjustment if necessary. Always talk to your doctor before making any changes to your treatment.

What are the most common side effects?

The most common side effects associated with REXULTI plus an antidepressant were weight gain and restlessness or feeling like you need to move (akathisia), as reported during 6-week clinical studies of adults with major depressive disorder (MDD).

You and your healthcare provider should check your weight regularly. In 6-week clinical studies of adults with MDD, 7% of patients taking REXULTI plus an antidepressant reported an increase in body weight, compared with 2% of patients taking an antidepressant plus a placebo (nontherapeutic pill).

In the same studies, akathisia was reported by 9% of patients taking REXULTI plus an antidepressant and by 2% of patients taking an antidepressant plus a placebo.

Please read **IMPORTANT SAFETY INFORMATION** on pages 10-12.

Questions & Answers *(Continued)*

Will REXULTI® (brexpiprazole) affect my cholesterol?

An increase in the fat levels (cholesterol and triglycerides) in your blood may occur while taking REXULTI. Before starting on REXULTI, discuss with your healthcare provider if you have high levels of cholesterol, triglycerides, or LDL cholesterol, or low levels of HDL cholesterol.

Your healthcare provider should check the fat levels in your blood before you start, or soon after you start REXULTI, and then periodically during treatment with REXULTI.

During clinical trials,* changes in fasting total cholesterol, LDL cholesterol, and HDL cholesterol were similar between adult patients taking REXULTI and patients taking a placebo.

Will REXULTI make me feel sleepy or drowsy?

In clinical trials,* 4% of adult patients who had REXULTI added to an antidepressant experienced drowsiness, compared with 1% of patients taking an antidepressant plus a placebo.

Until you know how REXULTI affects you, do not drive, operate heavy machinery, or do dangerous activities.

SELECT IMPORTANT SAFETY INFORMATION

REXULTI may cause serious side effects, including: *(Continued)*

- increased fat levels (cholesterol and triglycerides) in your blood. Your healthcare provider should check the fat levels in your blood before you start, or soon after you start REXULTI, and then periodically during treatment with REXULTI.

Could REXULTI affect my blood sugar?

An increase in blood sugar (hyperglycemia) can happen in some people who take REXULTI. Extremely high blood sugar can lead to coma or death.

In clinical studies,* adult patients with shifts in fasting blood sugar from normal (<100 mg/dL) to high (\geq 126 mg/dL) and borderline (\geq 100 mg/dL and <126 mg/dL) to high were similar in patients treated with REXULTI and patients treated with placebo.

Call your healthcare provider if you have any of these symptoms of high blood sugar while taking REXULTI: You feel very thirsty; feel very hungry; feel sick to your stomach; need to urinate more than usual; feel weak or tired; feel confused, or your breath smells fruity.

Will REXULTI make me feel restless?

About 3% of adult patients taking REXULTI plus an antidepressant reported feelings of restlessness during clinical trials,* compared with 0% of patients taking placebo.

Does REXULTI affect sexual function?

Overall, there was no difference seen in sexual function of adult patients as a result of taking REXULTI with an antidepressant compared with those taking an antidepressant alone.

During clinical trials,* adult patients taking REXULTI plus an antidepressant reported their overall sexual function was similar to that of patients taking an antidepressant alone, as measured by the Massachusetts General Hospital Sexual Functioning Questionnaire.

*Two 6-week clinical trials. For more information about the clinical trials, please see page 6.

Please read **IMPORTANT SAFETY INFORMATION** on pages 10-12.

Pay as little as \$0 for REXULTI® (brexpiprazole).



No activation required.
Your pharmacist will keep your card on file for future use.

Simply present your card to the pharmacist when you have your REXULTI or generic ANTIDEPRESSANT filled.

*Offer not valid for cash-paying patients OR where drug is not covered by primary insurance. Terms and conditions apply, individual benefits may vary. Maximum annual benefit applies based on current list price. See full Terms & Conditions at <https://www.rexulti.com/mdd/savings-card-terms-conditions> for the current maximum benefit and more information. For up to 13 uses. Resets annually.

Program Eligibility: Offer is not transferable. Patients must have commercial drug insurance and a prescription consistent with FDA-approved product labeling. **Patients are not eligible if they are covered in whole or in part by any state program or federal healthcare program, including, but not limited to, Medicare or Medicaid (including Medicaid managed care), Medigap, VA, DOD, or TRICARE.** For eligible generic prescription, patient must be 18 years of age or older. Only valid in U.S. and Puerto Rico. Offer void where prohibited by law, taxed, or restricted. Other restrictions may apply. This program is not health insurance. Otsuka America Pharmaceutical, Inc. has the right to rescind, revoke, or amend this program at any time without notice. Your participation in this program confirms that this offer is consistent with your insurance coverage and that you will report the value received if required by your insurance provider. When you use this card, you are certifying that you understand and will comply with the program rules, terms, and conditions. **Offer not valid for cash-paying patients OR where drug is not covered by the primary insurance.**



Download the card and learn more about saving at [REXULTI.com](https://www.rexulti.com)

OR



Text **SAVE** to 96747 to download the savings card to your phone*

*Message frequency varies. Text HELP for help and STOP to opt-out. Otsuka may use pharmacy information to provide refill reminders with your consent.
Privacy Policy: <https://otsuka-us.com/privacy-policy>



Please read **IMPORTANT SAFETY INFORMATION** on pages 10-12.

INDICATION and IMPORTANT SAFETY INFORMATION for REXULTI® (brexpiprazole)

INDICATION:

REXULTI is a prescription medicine used along with antidepressant medicines to treat major depressive disorder (MDD) in adults.

It is not known if REXULTI is safe and effective in children with MDD.

IMPORTANT SAFETY INFORMATION:

- Increased risk of death in elderly people with dementia-related psychosis. Medicines like REXULTI can raise the risk of death in elderly people who have lost touch with reality (psychosis) due to confusion and memory loss (dementia). REXULTI is not approved for the treatment of people with dementia-related psychosis without agitation that may happen with dementia due to Alzheimer's disease.
- Increased risk of suicidal thoughts and actions. REXULTI and antidepressant medicines may increase suicidal thoughts and actions in pediatric patients and young adult patients, especially within the first few months of treatment or when the dose is changed. Depression and other mental illnesses are the most important causes of suicidal thoughts and actions. All patients on antidepressants and their families or caregivers should closely watch for new or worsening depression symptoms, especially sudden changes in mood, behaviors, thoughts, or feelings. Report any change in these symptoms immediately to the doctor.

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Please read **FULL PRESCRIBING INFORMATION**, including **BOXED WARNING**, and **MEDICATION GUIDE**.

IMPORTANT SAFETY INFORMATION for REXULTI® (brexpiprazole)

(Continued)

Do not take REXULTI if you are allergic to brexpiprazole or any of the ingredients in REXULTI.

REXULTI may cause serious side effects, including:

- **Cerebrovascular problems, including stroke, in elderly people with dementia-related psychosis that can lead to death.**
- **Neuroleptic malignant syndrome (NMS) is a serious condition that can lead to death.** Call your healthcare provider or go to the nearest hospital emergency room right away if you have some or all of the following signs and symptoms of NMS: high fever; changes in your pulse, blood pressure, heart rate, and breathing; stiff muscles; confusion; increased sweating
- **Uncontrolled body movements (tardive dyskinesia).** REXULTI may cause movements that you cannot control in your face, tongue, or other body parts. Tardive dyskinesia may not go away, even if you stop taking REXULTI. Tardive dyskinesia may also start after you stop taking REXULTI.
- **Problems with your metabolism such as:**
 - **high blood sugar (hyperglycemia) and diabetes.** Increases in blood sugar can happen in some people who take REXULTI. Extremely high blood sugar can lead to coma or death. Your healthcare provider should check your blood sugar before you start, or soon after you start REXULTI and then regularly during long term treatment with REXULTI.

Call your healthcare provider if you have any of these symptoms of high blood sugar during treatment with REXULTI:

- feel very thirsty
- feel very hungry
- feel sick to your stomach
- need to urinate more than usual
- feel weak or tired
- feel confused, or your breath smells fruity

- **increased fat levels (cholesterol and triglycerides) in your blood.** Your healthcare provider should check the fat levels in your blood before you start, or soon after you start REXULTI, and then periodically during treatment with REXULTI.
- **weight gain.** You and your healthcare provider should check your weight before you start and often during treatment with REXULTI.
- **Unusual and uncontrollable (compulsive) urges.** Some people taking REXULTI have had strong unusual urges, to gamble and gambling that cannot be controlled (compulsive gambling). Other compulsive urges include sexual urges, shopping, and eating or binge eating. If you or your family members notice that you are having new or unusual strong urges or behaviors, talk to your healthcare provider.
- **Low white blood cell count.** Your healthcare provider may do blood tests during the first few months of treatment with REXULTI.
- **Decreased blood pressure (orthostatic hypotension) and fainting.** You may feel dizzy, lightheaded or pass out (faint) when you rise too quickly from a sitting or lying position.
- **Falls.** REXULTI may make you sleepy or dizzy, may cause a decrease in your blood pressure when changing position (orthostatic hypotension), and can slow your thinking and motor skills which may lead to falls that can cause fractures or other injuries.
- **Seizures (convulsions).**
- **Problems controlling your body temperature so that you feel too warm.** Do not become too hot or dehydrated during treatment with REXULTI. Do not exercise too much. In hot weather, stay inside in a cool place if possible. Stay out of the sun. Do not wear too much clothing or heavy clothing. Drink plenty of water.
- **Difficulty swallowing** that can cause food or liquid to get into your lungs.

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Please read **FULL PRESCRIBING INFORMATION**, including **BOXED WARNING**, and **MEDICATION GUIDE**.

IMPORTANT SAFETY INFORMATION for REXULTI® (brexpiprazole)

(Continued)

- **Sleepiness, drowsiness, feeling tired, difficulty thinking and doing normal activities.** Do not drive a car, operate machinery, or do other dangerous activities until you know how REXULTI affects you. REXULTI may make you feel drowsy.

Before taking REXULTI, tell your healthcare provider about all of your medical conditions, including if you:

- have or have had heart problems or a stroke
- have or have had low or high blood pressure
- have or have had diabetes or high blood sugar or a family history of diabetes or high blood sugar.
- have or have had high levels of total cholesterol, LDL cholesterol, or triglycerides, or low levels of HDL cholesterol
- have or have had seizures (convulsions)
- have or have had kidney or liver problems
- have or have had a low white blood cell count
- are pregnant or plan to become pregnant. REXULTI may harm your unborn baby. Taking REXULTI during your third trimester of pregnancy may cause your baby to have abnormal muscle movements or withdrawal symptoms after birth. Talk to your healthcare provider about the risk to your unborn baby if you take REXULTI during pregnancy.
- Tell your healthcare provider if you become pregnant or think you are pregnant during treatment with REXULTI.
- There is a pregnancy exposure registry for women who are exposed to REXULTI during pregnancy. If you become pregnant during treatment with REXULTI, talk to your healthcare provider about registering with the National Pregnancy Registry for Psychiatric Medications. You can register by calling 1-866-961-2388 or visit <http://womensmentalhealth.org/clinical-and-research-programs/pregnancyregistry/>.
- are breastfeeding or plan to breastfeed. It is not known if REXULTI passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby during treatment with REXULTI.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. REXULTI and other medicines may affect each other causing possible serious side effects. REXULTI may affect the way other medicines work, and other medicines may affect how REXULTI works. Your healthcare provider can tell you if it is safe to take REXULTI with your other medicines. Do not start or stop any medicines during treatment with REXULTI without first talking to your healthcare provider.

The most common side effects of REXULTI include weight gain, sleepiness, dizziness, common cold symptoms, and restlessness or feeling like you need to move (akathisia).

These are not all the possible side effects of REXULTI. For more information, ask your healthcare provider or pharmacist.

You are encouraged to report side effects of REXULTI (brexpiprazole). Please contact Otsuka America Pharmaceutical, Inc. at 1-800-438-9927 or FDA at 1-800-FDA-1088 (www.fda.gov/medwatch).

Please read **FULL PRESCRIBING INFORMATION**, including **BOXED WARNING**, and **MEDICATION GUIDE**.

Resources for every step of your journey



My Path Forward - Video Series

A video series with useful info to help you better understand your symptoms and talk to your doctor.

[WATCH NOW](#) >



My Wellness Guide

This handy booklet is full of strategies and tools that may help you feel better.

[DOWNLOAD NOW](#) >

Get additional resources from Otsuka Patient Support.

Find support and digital resources at www.otsuka-us.com/connect or call 1-833-4OTSUKA (1-833-468-7852). Monday–Friday, 8 am–8 pm EST



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