Appointment Checklist for Caregivers

Help your loved one prepare for his or her next appointment

The following are items your loved one may need during his or her appointment:

☐ Pen  ☐ Notepad

☐ List of questions or the REXULTI Doctor Discussion Guide
   Visit REXULTIresources.com to download the REXULTI Doctor Discussion Guide

☐ Notes describing your loved one’s complete medical history, including any past medications that your loved one has been prescribed for schizophrenia

Other items not listed above that you might want to bring to your loved one’s appointment:

☐ ____________________________________________

☐ ____________________________________________

☐ ____________________________________________

INDICATION: REXULTI is a prescription medicine used to treat:
   • Schizophrenia

It is not known if REXULTI is safe and effective in people under 18 years of age.

SELECT IMPORTANT SAFETY INFORMATION:

Increased risk of death in elderly people with dementia-related psychosis. Medicines like REXULTI can raise the risk of death in elderly who have lost touch with reality (psychosis) due to confusion and memory loss (dementia). REXULTI is not approved for the treatment of patients with dementia-related psychosis.

Please read detailed IMPORTANT SAFETY INFORMATION on page 5.
Useful information for your loved one’s doctor about your loved one’s current treatment plan

Is your loved one currently taking medication for his or her symptoms of schizophrenia?

☐ Yes  ☐ No

If yes, describe it:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Is treatment helping to manage your loved one’s symptoms?

☐ Yes  ☐ No

If no, describe his or her symptoms and discuss them with your loved one’s healthcare provider:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Is your loved one experiencing side effects from medications he or she is taking?

☐ Yes  ☐ No

If yes, describe them here:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

SELECT IMPORTANT SAFETY INFORMATION:

Do not take REXULTI® (brexpiprazole) if you are allergic to brexpiprazole or any of the ingredients in REXULTI. Allergic reactions have included rash, facial swelling, hives and itching, and anaphylaxis, which may include difficulty breathing, tightness in the chest, and swelling of the mouth, face, lips, or tongue.

Please read detailed IMPORTANT SAFETY INFORMATION on page 5.
## Treatment Team Contact Sheet

Treatment teams can be different for everyone. Use this section to write down the contact information for any other healthcare providers that your loved one is currently getting treatment from:

<table>
<thead>
<tr>
<th>Name:</th>
<th>Phone number: ( ___ ) -</th>
<th>Role:</th>
</tr>
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<tbody>
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<td>Name:</td>
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</tbody>
</table>

Please read detailed IMPORTANT SAFETY INFORMATION on page 5.
List of medications your loved one is taking

Fill out this medication list and bring it with you to your loved one’s next appointment.

<table>
<thead>
<tr>
<th>Medication Name</th>
<th>Dosage</th>
<th>Instructions</th>
<th>Description</th>
<th>Taken for how long?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Example: REXULTI® (brexpiprazole)</td>
<td>2 mg tablets</td>
<td>Take once daily</td>
<td>Light green, round, marked with “BRX 2”</td>
<td>October 2015</td>
</tr>
</tbody>
</table>

Please read detailed IMPORTANT SAFETY INFORMATION on page 5.
INDICATION and IMPORTANT SAFETY INFORMATION for REXUL® (brexpiprazole)

INDICATION:
REXUL® is a prescription medicine used to treat:
- Schizophrenia

It is not known if REXUL® is safe and effective in people under 18 years of age.

IMPORTANT SAFETY INFORMATION:

Increased risk of death in elderly people with dementia-related psychosis. Medicines like REXUL® can raise the risk of death in elderly who have lost touch with reality (psychosis) due to confusion and memory loss (dementia). REXUL® is not approved for the treatment of patients with dementia-related psychosis.

Do not take REXUL® if you are allergic to brexpiprazole or any of the ingredients in REXUL®. Allergic reactions have included rash, facial swelling, hives and itching, and anaphylaxis, which may include difficulty breathing, tightness in the chest, and swelling of the mouth, face, lips, or tongue.

REXUL® may cause serious side effects, including:
- Stroke in elderly people (cerebrovascular problems) that can lead to death.
- Neuroleptic Malignant Syndrome (NMS): Tell your healthcare provider right away if you have some or all of the following symptoms: high fever, stiff muscles, confusion, sweating, changes in pulse, heart rate, and blood pressure. These may be symptoms of a rare and serious condition that can lead to death. Call your healthcare provider right away if you have any of these symptoms.
- Uncontrolled body movements (tardive dyskinesia). REXUL® may cause movements that you cannot control in your face, tongue or other body parts. Tardive dyskinesia may not go away, even if you stop taking REXUL®. Tardive dyskinesia may also start after you stop taking REXUL®.
- Problems with your metabolism such as:
  - high blood sugar (hyperglycemia): Increases in blood sugar can happen in some people who take REXUL®. Extremely high blood sugar can lead to coma or death. If you have diabetes or risk factors for diabetes (such as being overweight or having a family history of diabetes), your healthcare provider should check your blood sugar before you start taking REXUL® and during your treatment.

Please read U.S. FULL PRESCRIBING INFORMATION, including BOXED WARNING, and MEDICATION GUIDE, for REXUL®.
IMPORTANT SAFETY INFORMATION for REXULTI® (brexpiprazole) (continued)

Before taking REXULTI, tell your healthcare provider if you:

• have diabetes or high blood sugar or a family history of diabetes or high blood sugar. Your healthcare provider should check your blood sugar before you start REXULTI and during your treatment.
• have high levels of cholesterol, triglycerides, LDL-cholesterol, or low levels of HDL cholesterol
• have or had seizures (convulsions)
• have or had low or high blood pressure
• have or had heart problems or a stroke
• have or had a low white blood cell count
• are pregnant or plan to become pregnant. It is not known if REXULTI may harm your unborn baby. Using REXULTI in the last trimester of pregnancy may cause muscle movement problems, medicine withdrawal symptoms, or both of these in your newborn.
  - If you become pregnant while taking REXULTI, talk to your healthcare provider about registering with the National Pregnancy Registry for Atypical Antipsychotics. You can register by calling 1-866-961-2388 or visit http://womensmentalhealth.org/clinical-and-research-programs/pregnancyregistry/
• are breastfeeding or plan to breastfeed. It is not known if REXULTI passes into your breast milk. You and your healthcare provider should decide if you will take REXULTI or breastfeed.

Tell your healthcare provider about all the medicines you take or recently have taken, including prescription medicines, over-the-counter medicines, vitamins and herbal supplements.
REXULTI and other medicines may affect each other causing possible serious side effects. REXULTI may affect the way other medicines work, and other medicines may affect how REXULTI works.
Your healthcare provider can tell you if it is safe to take REXULTI with your other medicines. Do not start or stop any medicines while taking REXULTI without talking to your healthcare provider first.
The most common side effect of REXULTI includes weight gain.
Tell your healthcare provider if you experience abnormal muscle spasms or contractions, which may be a sign of a condition called dystonia.
These are not all the possible side effects of REXULTI.
For more information, ask your healthcare provider or pharmacist. Call your doctor for medical advice about your health or medicines, including side effects.
You are encouraged to report side effects of REXULTI (brexpiprazole). Please contact Otsuka America Pharmaceutical, Inc. at 1-800-438-9927 or FDA at 1-800-FDA-1088 (www.fda.gov/medwatch).

Please read U.S. FULL PRESCRIBING INFORMATION, including BOXED WARNING, and MEDICATION GUIDE, for REXULTI.